

Gluten Friendly Menu

<u>Appetisers</u>	Chef's Soup of the Day (Check Daily)	5.50
	Caesar Salad, mixed salad of baby gem, cajun chicken, parmesan shavings & a creamy caesar dressing	8.30 V*
	Chilled Spiced Chicken & Mango Salad, with a peanut & soy dressing	8.95*
	Grilled Vegetable & Caramelised Goats Cheese Salad, with a balsamic dressing	9.95V
	Duo of Dressed Crab & BBQ Smoked Salmon Arancini with a BBQ Aioli	9.95
	Goodness Bowl, filled with spinach, quinoa, spiced chickpeas, beetroot, carrot, pumpkin seeds, sunflower seeds, toasted walnut & a citrus vinaigrette	8.95*V

*** Denotes starters available as Main Course size at a cost of €15.95**

V Denotes is or can be made suitable for vegetarians

**All main courses served with your choice of chips,
baby boiled or gratin potatoes, except where rice is served.**

<u>Classic Sandwiches</u>	Riverbank Toasted Special, gluten free bread toasted with our own home cooked ham, Wexford cheddar, tomato & onion	10.35 V
	Riverbank Club Sandwich, filled with bacon, tomato, iceberg, chicken, egg mayonnaise, onion & Wexford cheddar	11.95
<u>Main Courses</u>	Slow Cooked Pork Belly Sandwich, with spicy coleslaw & BBQ sauce	12.95
	Caribbean Style Grilled Chicken, Bacon & Pineapple Sandwich, served in a coeliac bun	12.45
	Open Mexican Style Steak Sandwich, marinated beef served on coeliac toast with guacamole, sautéed peppers & red onion, sour cream	12.95
	Mexican Chicken and Mixed Pepper Wrap, topped with a spicy tomato sauce, cheese, sour cream & garnished with guacamole	14.85 V
	Spicy Beef Burrito, toasted tortilla wrap filled with chilli beef, cheddar cheese, jalapenos & Mexican rice served with sour cream guacamole	15.50V
	8oz Beef Burger, topped with crisp bacon, melting Wexford cheddar & a soft fried egg, served in a gluten free bun with iceberg, tomato, onion & our own burger sauce garnished with a whole gherkin	15.50
	Riverbank Double Burger, topped with bacon & chilli cheddar with iceberg lettuce, beef tomato & our own hot sauce served in a gluten free bun	15.50
	Thai Green Chicken & Vegetable Curry, finished with basil & chilli, served with steamed basmati rice	16.25
	Oven Baked Chicken Supreme, served on a bed of Lyonnaise potatoes with carrot puree & a red wine jus	16.65
	6oz Steak, served with sauté onions & mushrooms and a creamy peppercorn sauce	16.95

Fried Duck, Vegetable & Cashew Nut Stir Fry,
tossed in a sweet chilli & oyster sauce with steamed basmati rice **18.50**

Seafood Mornay,
chunky pieces of cod, salmon, smoked haddock & prawns in a creamy cheese sauce **18.75**

Pan Seared Seabass, served on a bed of lightly fried green with a white wine cream
& drizzled with an herb oil to finish **18.95**

Oven Baked Salmon, with a prawn & saffron mousse, topped with smoked salmon,
served on asparagus spears with white wine cream **18.95**

10oz Sirloin Steak, cooked to your liking, served with sautéed mushrooms & onions,
served with a choice of sauces – creamy peppercorn sauce or garlic butter **25.50**

Vegetarian Options

Thai Style Vegetable Curry
Served with basmati rice **14.55V**

Vegetarian Burrito, toasted tortilla wrap with stir fry vegetables in a spicy tomato sauce
with Mexican rice & cheddar cheese served with sour cream & guacamole **14.55V**

Chickpea & Herb Falafels,
served with hummus, mint yoghurt, tomato, red onion & mixed leaves **14.55V**

Grilled Halloumi & Portobello Mushroom, served in a gluten free bun
with iceberg lettuce, tomato & a siracha mayonnaise **14.55V**

Side Dishes

* hand cut chips * baby boiled potatoes * sautéed onion * sautéed mushrooms * gratin potatoes
* mixed salad bowl (mixed leaves, cherry tomatoes, peppers & olives)
* boiled rice **All side orders 3.75**

**All our Beef is of Irish Origin
Our Fish is locally caught and subject to availability**

Desserts

Fresh Greenhill Wexford Strawberries & Gourmet Vanilla Ice Cream **6.50**

Pistachio Meringue, served with raspberry compôte & lemon curd ice cream **6.50**

Frozen Peanut Butter Cheesecake, topped with chocolate sauce & toffee popcorn **6.50**

Selection of Wexford Luxury Ice Cream,
served on meringue discs **6.50**

Warm Chocolate Chip Brownie, served with butterscotch sauce & hazelnut ice cream **6.50**

Riverbank Cheese Board, served with homemade red onion marmalade & grapes **9.95**

All desserts, like all our dishes are made in house

Beverages

Tea	2.70	Coffee (freshly ground Americano)	2.70
Speciality Tea	3.00	Large Coffee	3.15
Cappuccino/Macchiato/Flat White	3.10	Latte/Mocha	3.40
Hot Chocolate	3.80	Espresso	2.70

Allergens

Full food allergy information for our A La Carte Menu & Children's Menu available.
Your waiter will advise.

Wine List

Full wine list available. Your waiter will assist you

